PEOPLE SKILLS: RESILIENT



BOUNCE BACK

To be successful in a world that is constantly changing you need to develop a flexible agenda and an ability to adapt to changes. One of the best ways to do this is to evaluate the change that confronts you and figure out positive and productive ways to make it work for you. Here are three scenarios to review. Come up with a few ideas about how to handle each one.

SITUATION 1 You work very closely and get along well with your supervisor. Last week you were notified that your supervisor was promoted and being replaced by a co-worker you do not like. What should you do? **YOUR PLAN B SITUATION 2** Your company added several new requirements to your job. You will need additional education and training to continue in your present position. You have 2 young children and it will be difficult for you to attend classes. What will you do? **YOUR PLAN B SITUATION 3** You have been very successful in your job at Boeing in Long Beach, CA. You enjoy the work and make a good salary and benefits. Now Boeing is moving your department to Georgia. You can keep your job if you are wiiling to relocate. What should you do? **YOUR PLAN B** Think of a time you had plans and had to change them. How did you handle the situation?

